

## Fruit Kebabs

### Ingredients

Use a selection from the list below or try some different fruits

- 1 small bunch of grapes (red or/and green)
- 1 small tin of pineapple in juice
- 6 strawberries
- 1 small mango – skin and stone removed
- ½ melon – skin and seeds removed
- 1 kiwi – skin removed
- 1 banana – skin removed
- 1 satsuma or orange

### Equipment

- Straws or wooden skewer
- Knife
- Chopping board

### Method

1. Peel the satsuma or orange and split into segments
2. Remove the grapes from their stalks – if large grapes cut in ½
3. Cut the rest of the fruit to cubes
4. Thread onto the straw or cocktail sticks
5. Serve on a plate

### Safety

Always get an adult to help with the cutting up of the fruit

